

Body Measurements for Sloper Comparison

Begin by checking vertical measurements in order to get major points (bustline, waistline, and hip line) into the correct position. Slash and spread as needed to achieve the correct placement.

Vertical Measurements

	body measurement		sloper measurement		adjust?
front waist length					
back waist length					
bust position					

Then assess the horizontal measurements. The sloper includes a minimum amount of ease in order to allow for movement and breathing in the garment, so the sloper measurement should be greater than the body measurement by certain amounts in the bust, waist, and hips. Adjust as needed and according to personal preference by slashing and spreading the pattern.

Horizontal Measurements

	body measurement		sloper measurement		adjust?
total waist circumference					
waist (front only)					
waist (back only)					
high bust circumference					
full bust circumference					
full bust (front only)					
cross back					
high hip					
low hip					
bicep circumference					

Other areas such as shoulder slope, armhole position, neckline position and depth can be adjusted on the muslin. For more information on fitting and using your sloper, see the Patterns and Tutorials sections of the website (bluehoursatelier.com).